



HINDUSTHANI TAALA VAADYA TABLA

JUNIOR GRADE 1st Year 2025-26

COURSE OUTLINE Batch - 3

INTRODUCTION

The tabla is a traditional Indian percussion instrument consisting of a pair of small, hand-played drums. It has been a significant part of Indian classical music for centuries, providing rhythmic accompaniment to various genres such as Hindustani and Carnatic classical music. The instrument comprises two drums: the smaller, higher-pitched drum is called the "dayan," while the larger, lower-pitched drum is the "bayan." Tabla players use a combination of finger and hand movements to produce intricate rhythms and patterns, creating a dynamic and expressive element in Indian music performances.

Pascu! is providing a unique opportunity for students to learn Hindusthani Taala vaadya in a systematic curriculum and a clear path of progression.

OVERALL OBJECTIVES

1. **Fundamental Rhythms:** Develop a strong foundation by mastering basic tabla rhythms (taals) such as Teental and Dadra.
2. **Hand Technique:** Focus on precise hand movements and finger control to produce clear and distinct sounds on different parts of the tabla (dayan and bayan).
3. **Bol System:** Learn the bol system, which consists of mnemonic syllables used to represent different strokes on the tabla. This is crucial for understanding and memorizing compositions.
4. **Compositions:** Work on traditional tabla compositions (bandishes) to enhance your repertoire and gain a deeper understanding of rhythmic patterns and structures.
5. **Speed and Precision:** Gradually increase your speed while maintaining accuracy in your playing. This involves practicing with a metronome and gradually pushing your limits.
6. **Accompaniment Skills:** Learn how to accompany other instruments or vocalists, understanding the role of the tabla in different musical settings.
7. **Improvisation:** Develop the ability to improvise within the framework of a given taal or composition, showcasing creativity while staying within traditional rhythmic structures.
8. **Listening Skills:** Cultivate a keen ear by listening to various tabla performances, understanding different playing styles, and recognizing the nuances in rhythm.
9. **Understanding Tala:** Gain a deep understanding of the concept of tala (rhythmic

Method of Assessment

SL No	Task	Month of Assessment	Marks
1	Practical Assessment 1	September/October/ <u>November</u>	10
2	Practical Assessment 2	December/January/ <u>February</u>	10
3	Practical Assessment 3	March/ <u>April</u> / May	20
	Project Submission,Dairy,Notes		5+5=10
	Total		50

Note: Performance may be in group but marks will be allotted individually.

Schedule of Teaching

Periods	Date	Topic	Subtopic	Class activity
1	Jan-02	Introduction to Tabla	Benefits & Learning Method of Tabla	Explanation Writing, Playing & Practicing Taal on Hand
		Basics	2 Matra Bols – Ti ta	
		Part – 1	3 Matra Bols – Ka ti ta	
2	3	Basics	Revision	
		Part -1	3 Matra Bol – Di ti ta (Letars)	
3	4	Basics	Revision	
		Part -1	3 Matra – Na ti ta	
4	5	Basics	1,2,3 and 4 Bol Revision	
		Basics	Finger Moment (Riyaz)	
5	6	Basics in Tabala	4 Matra Bol - Keketita	
		Part - 2	4 Matra Bol - Gegetita	
6	9	Basics	Revision	
		Part - 2	4 Matra Bol - Gegetita	
7	11	Basics	Revision	
		Part - 2	4 Matra Bol – Tirakita	
8	13	Basics	Revision	
			2 tempo practice	
9	16	Basics	6 Matra Bol - Tirakitataka	
		Basics	Revision,	
10	18	Basics	Na +Ge =Dhadha	
			Dhadha Dhadha [2 times]	

11	20	Basics	Revision
			Tha tha, Dhin, Tin , Kath
12	23	Basics	Revision
			Part -1 , Part -2
		Taala – Dadra	Introduction
			1 2 3 4 5 6
			Dha Dhi Nna Dha Tho Nna
13		Basics 30	Revision
14	27	Taal – Dhadra	Different Type - 1
		Badal Theka	Dha Dhi Nana DhaThu Nana
15	30	Taal – Dadra	Different Type – 1 Revision
		Badal Theka	Revision
16	Jul-02	Taal - Dadra	Different Type - 2
		Badal Theka	Dha Dhi Nati DhaThu Nati
17	4	Taal - Dadra Badal Theka	Different Type – 2 Rivision
		Basics	Revision
18	7	Taal – Dadra	Different Type – 3
		Basics	Dha Dhi Na ka DhaThu Na ka
19	9	Taala - Dadra	Rivision
		Badal Theka	
		Basics	Revision
20	11	Dadra	Different Type - 4
		Badal Theka	Dha Tira kita Tha Dhi Na
21	14	Dadra	Revision
		Basics	Revision
22	16	Dadra Badal Theka	1, 2, 3, 4 Types Revision
			Rivision
23	18	Taal – Keherva	Introduction and Theka bol
			1 2 3 4 5 6 7 8
			Dha Ge Na Ti Na Ka Dhi Na
24	21	Taal – Keherva	Revision
		Basics	Revision
25	23	Taal – Keherva Matra	Type - 1
		Badal Theka	1 2 3 4 5 6 7 8
			Dha Dhi Na Na Tha Ti Na Na

**Explanation
Writing, Playing &
Practicing Taal on
Hand**

26	25	Taal – Keherva	Revision
		Basics	Revision
27		Basics	Type -2
28	30	Taal – Keherva	Revision
		Badal Theka	
29	Aug-01	Taal – Keherva	Type –3
		Badal Thekha	Dha Dha Tira Kita Tha Tha Dhi Na
30	4	Taal – Keherva	Revision
		Badal Theka	
		Basics	Part – 1 Revision
31	6	Taal – Keherva	Type – 4
		Badal Theka	Dha Ti Tha Tha Tha Ti Dha Dha
		Basics	Part – 2 Revision
32	8	Taal – Keherva	Different Type -4 Revision
		Badal Theka	
		Basics	Part - 1 Revision
33	11	Basics	Part – 2 Revision
		Theory	Paribhashika shabdagalu
			Matra Taal, Theka Laya
34	13	Basics	Part - 1 Revision
		TeenTaal Dilli kayda	Prakara – 1
		TeenTaal Dilli kayda	Prakara –1 Revision [finger method practice]
35	18	Basics	Part - 1 Revision
		TeenTaal Dilli kayda	Revision [10 times]
36	20	Basics	Revision
		TeenTaal Dilli kayda	Palta or Prakara - 2
37	22	Basics	Part -2 Revision
		TeenTaal Dilli kayda	Revision
38	25	Basics	Revision
		TeenTaal Dilli kayda	Palta – 3 Revision
39	29	Basics	Revision
		TeenTaal Dilli kayda	Palta – 4
40	Sep-01	Basics 5	Revision
		TeenTaal Dilli kayda	

**Explanation
Writing, Playing &
Practicing
Taal on
Hand**

41	8	Basics	Revision
		TeenTaal Dilli kayda	Paltas – 1,2,3 & 4
42	10	Basics	Part – 1 & 2
		TeenTaal Dilli kayda	Paltas – 1,2,3 & 4 Revision
43	12	Basics	Revision
		TeenTaal Dilli kayda	Palta - 5
44	Oct-13	Basics	Revision
		TeenTaal Dilli kayda	
45	15	Basics	Revision
		TeenTaal Dilli kayda	Palta - 6
46	24	Basics	Revision
		TeenTaal Dilli kayda	Palta - 7
47	27	Basics	Revision
		TeenTaal Dilli kayda	
48	29	Basics	Revision
		TeenTaal Dilli kayda	Palta - 8
49	31	Basics	Revision
		TeenTaal Dilli kayda	Revision
50	Nov-03	Basics	Revision
		TeenTaal Dilli kayda	Paltas – 5,6,7.& 8 Revision
51	5	Basics	Revision
		TeenTaal Dilli kayda	Paltaas – 1,2,3,4,5,6,7 & 8
			Revision
52	7	Basics	Revision
		Teen Taal Badal Theka	Type -1 (Different techniques)
53		Basics 10	Revision
		Teen Taal Badal Theka	
54	12	Basics 12	Revision
		Teen Taal Badal Theka	Type - 2
55	17	Basics	Revision
		Teen Taal Badal Theka	
		Theory	Characteristics of Taala
56	19	Basics	Revision
		Teen Taal Badal Theka	Type - 3
57	21	Basics	Revision
		Teen Taal Badal Theka	

58	Dec-03	Basics	Revision
		Teen Taal Badal Theka	Type - 4
59	5	Basics	Revision
60	8	Basics	Revision
		Teen Taal Badal Theka	
61	10	Basics	Revision
		Teen Taal Badal Theka	Type – 1,2,3, & 4 Revision
62	12	Basics	Different style Part - 1
		Teen Taal Purab kayda	1 st palta
63		Basics	Revision , Dugan Laya, palta - 1
64	17	Basics	Revision , Dugan Laya Palta - 2
		Teen Taal Dilli kayda	
65	19	Basics	Revision
		Teen Taal Purab kayda	2 nd palta
66	22	Basics 12	Revision, Dugan Laya Palta - 2
		Teen Taal Dilli kayda	
		Theory	Paribhashika shabdagalu Vadan , Sam, Husi [Khali] ,Pettu, Vilambit, maddya laya, Drut laya
67	24	Basics	Revision
		Teen Taal Purab kayda	3 rd palta
68	26	Basics	Revision
		Teen Taal Purab kayda	4 th palta
69	29	Basics	Revision, Dugan Laya Palta - 4
		Teen Taal Dilli kayda	
70	31	Basics	Revision
		Teen Taal Purab kayda	5 th palta
71	Jan-02	Basics	Revision , Dugan Laya Palta - 5
		Teen Taal Dilli kayda	
72	5	Basics	Revision
		Teen Taal Purab kayda	6 th palta
73	7	Basics	Revision , Dugan Laya Palta - 6
		Teen Taal Dilli kayda	
74	9	Basics 31	Revision
		Teen Taal Purab kayda	7 th palta

Practical - 1

75	Feb-11	Basics	Revision , Dugan Laya Palta - 7	
		Teen Taal Dilli kayda		
76		Basics	Revision	
77	16	Basics	Revision	
		Saat sangat	Introduse	
		Theory	Importance of Basics	
78	18	Basics	Revision	
		Saat sangat		
79	20	Basics	Revision	
		Saat sangat	Method	
80	23	Basics	Revision	
		Saat sangat	Playing the Tabla with singing	
81		Basics	Revision	
		Saat sangat	Importance	
82	27	Basics	Revision	
		Saat sangat	Playing the Tabla with singing defferent style	
83	Mar-02	Basics	Revision	
		Tabla solo	Introduction	
84	4	Basics	Revision	
		Tabla solo	Method	
85	6	Basics	Revision	
		Tabla solo	Introduction of Peskar , Different kayda & Rela	
86	9	Basics	Revision	
87	11	Basics	Revision	
		Tabla solo	Introduction of Mukda ,	
88	Apr-01	Basics	Revision	
		Tabla solo	Introduction of Chalan	
89	2	Basics	Revision	
		Tabla solo	Importance of Tabla	
90		Basics	Techniques to produce rhythm sense	
91	4	Basics 9	Combination of different handmovements and finger strikes	
		Kayda & Taal	Practicing method of Kyada	

92	6	Basics	Improvisation of Laya	Explanation Writing, Playing & Practicing Taal on Hand
		Taala	Introduction Chakradar	
93	7	Basics	Revision	
			Sound Culture, Taala	
		Taala	Different Layakri	
		Theory	Taala indetail, Elements of Tabla	
		Kayda & Taal	Introduction and Method	
94	8	Basics	Theory - Paribhashika shabdagalu and Characteristics of Taal , Project work on Kayda & Taala , Old Question papers solving . Practical	Assessing Based on Tabla & Writing,
95	10	Taalas	Revision	Writing, Playing & Practicing Taal on Hand
96	11	Kayda & Tihai		
97	13	Theory		
98	14	Basics	Revision	Practical - 3
99	15	Taalas		
100	16	Kayda & Tihai		
101	17	Theory	Revision	
102	18	Theory		
103	May-25	Practical	Old Question papers solving .	
104	26	Practical	Revision	
105	27	Basics	Revision	
106	28	Theory	Revision	
107	29	Basics		
108	30	Theory	Revision	